

# OOS for 7th July 2024 - ONLINE



## READING

### Psalm 143:4-7 (The Message)

I sat there in despair, my spirit draining away,  
my heart heavy, like lead.  
I remembered the old days,  
went over all you've done,  
pondered the ways you've worked,

Stretched out my hands to you,  
as thirsty for you as a desert thirsty for rain.  
Hurry with your answer, GOD!  
I'm nearly at the end of my rope.  
Don't turn away; don't ignore me!  
That would be certain death.

### Psalm 40:1-2 (The Message)

I waited and waited and waited for GOD.  
At last he looked; finally he listened.  
He lifted me out of the ditch,  
pulled me from deep mud.  
He stood me up on a solid rock  
to make sure I wouldn't slip.



## PRAYER

Dear Lord,  
Help us we pray  
to trust Your love for us,  
even when we cannot see a clear path  
out of our circumstances.  
When we find ourselves  
in the dark places of this life,  
show us the light of Your presence.  
In Jesus' Name,  
Amen.



## SONG

Give Me Peace  
Give Me Hope  
Just give Me a Reason  
To Carry On  
(Repeat)

Darkness pressing in on every side  
I feel so scared cos I can't see no light  
The more I search, The less I seem to see  
An emptiness I can't explain surrounding me

Give me Peace.....  
(repeat)

My feet are trapped in the miry clay  
I feel I'm sinking and can't get away  
I struggle out but I get dragged back in  
I can't escape from this pit I'm in

Give me Peace.....  
(repeat)

I can't see You but I know You're here  
I can't hear you but I know You're near  
As I reach out to You, reach down to me

Without Your healing touch I can't be free

Give me Peace.....

(repeat)